

TSSMTM
Creating VCE Success

Exam Practice Guide

Unit 2 Physical Education Examination Questions

Key Features:

- ✓ 64 original examination style questions on all examinable topics.
- ✓ Full solutions and a marking guide to all questions.
- ✓ Separated into key topic areas within each Area of Study, enabling students to master one topic at a time.
- ✓ Written by VCE assessors who mark the real examinations.
- ✓ Excellent resource for examination practice.

Helping VCE students be the best they can be.

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SAMPLE

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AREA OF STUDY 1: What are the relationships between physical activity, sport, health and society?

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AREA OF STUDY 2: What are the contemporary issues associated with physical activity and sport?

No questions supplied – Students complete independent research project on a contemporary issue associated with participation in physical activity and/or sport in a local, national or global setting.

SOLUTIONS

44

AREA OF STUDY 1: What are the relationships between physical activity, sport, health and society?

Topic 1 - Sociocultural influences on participation and trends of involvement

Question 1

a. Define the following:

i. Physical activity

ii. Physical inactivity

iii. Sedentary behaviour

1 + 1 + 1 = 3 marks

b. What is the difference between physical inactivity and sedentary behaviour?

2 marks

- c. Complete the table below by defining and giving an example of the following forms of physical activity.

Form of Physical Activity	Definition	Example
Play		
Games		
Sports		
Transportation		
Chores		
Exercise		
Recreational activities		

14 marks

Total 19 marks